



The EPICentre of Learning

Our Rainbow Day: We had a fantastic, impactful day across the school for our 'Rainbow Day,' focusing on safety, kindness, and using our 'Power for Good' to look after ourselves and others. Here is a snapshot of what each year group focused on:

Reception, Safe Crossing and Good Friends: Our youngest learners focused on road safety, practicing how to cross the road safely at the zebra crossing outside school. They even helped Mrs. Mac across the road with their top tips! In the afternoon, the focus shifted to friendship and fairness. The children learned what makes a good friend, and importantly, how to support a friend who is being treated unfairly—by telling an adult and using their clear words.

Year 1, Understanding Bullying and Safety Rotation: Year 1 spent the morning discussing what bullying means and what it looks like, using role-play scenarios to practice helping themselves and others. The afternoon was dedicated to personal safety, covering road, water, and fire safety through a fun rotation of engaging activities. Their favourite part was the 'Power for Good' song, which had catchy music and a great anti-bullying message. Year 1 action: Can you be the reason to make someone smile today?

Year 2, Safety Walk and Power for Good: Year 2 explored all aspects of road safety, including safe crossing, wearing seatbelts, and using helmets. They practiced crossing safely in the village and incorporated their Geography learning by creating a map of the area while on their walk. Our anti-bullying focus saw the children brainstorm ideas for using their 'power for good,' such as asking a lonely person to play or standing up for someone being unkindly treated.

Year 3, Respect and Safety Posters: The children in Year 3 focused on the importance of respecting others and their differing views, using role-play to show how positive actions make a massive difference. They also delved into road and rail safety, creating brilliant comic-book style posters with key messages on walking safely and crossing roads. Please continue to ask your child about these key safety messages and encourage them to rely on their own senses when crossing the road.

Year 4, Celebrating Diversity and Personal Safety: Year 4 celebrated diversity by exploring the similarities and differences that connect and unite them, cherishing their uniqueness. They focused on using their 'Power for Good' to confidently stop anything they see that makes them uncomfortable, addressing anti-bullying. In the afternoon, they covered a broad range of personal safety topics: road, fire, rail and water safety.

Year 5, Shields and Safety: Year 5 discussed the different roles a person can play in bullying. We discussed how bullying is an imbalance of power and how we can use our power for good, rather than for harm. The children created a Power for Good shield, which highlighted their strengths and powers, and used these to explain how they would stand up against bullying. We also experienced a practical session on road safety, learning and practising how to use a zebra crossing safely. This was supported by learning on road safety, water safety, railway safety and fire safety.

Friday 21 November 2025

Future Dates

Fri 21 Nov – School Disco

Wed 26 Nov – 9am Yr 5 writing workshop

Thurs 27 Nov – Epic clubs and sports clubs for next term go live at 3pm

Fri 28 Nov – non-uniform in exchange for a donation to Nayamba payable via MCAS

Tues 2 Dec – Rec Nativity 2.30pm

Fri 5 Dec – Deadline for colouring competition entries

Sun 7 Dec – Choir performance at St Martins Christingle 4pm

Tues 9 Dec – Yr2 Nativity 9.30am and 2.30pm and School Christmas dinner

Wed 10 Dec – Carols in the Yard - details to follow

Fri 12 Dec – Yr1 Christmas Extravaganza and Christmas Jumper Day for Save the Children

Fri 19 Dec – Last Day of term

Tues 6 Jan – First day of Spring term

Headteachers: Mrs S Whalley and Mr I Moore



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Year 6, Risk Assessment and Superhero Power: Year 6 engaged in excellent discussions about personal safety (fire, water and road), exploring various scenarios and how to effectively risk assess their actions. In the afternoon, they focused on their 'power for good' against bullying by designing inspiring superheroes with messages to help others—keep an eye out for these around the school! They ended the day by reading stories about kindness and inclusion with their Rainbow Friends.

D-I-S-C-O! It's School Disco time today! The Disco payment is on MCAS as a **Club** so we can easily sign the children in and out on the night. **DEADLINE payment closes at midday.**

Reception 3.30pm - 4.10pm

Y1/2 4.25pm - 5.10pm

Y3/4 5.25pm - 6.10pm

Y5/6 6.25pm - 7.15pm

Reading suggestions: Are you fed up of reading Dog Man or Rainbow Magic stories? If your child is looking for something new to read, have a look on this website which provides useful suggestions based on popular authors and series <https://www.booksfortopics.com/booklists/branching-out/>

Exploring Exminster! How well do you know your village? When is the last time you crossed Crockwells Meadow, explored the Wilderness or dropped by the Village Orchard? All of these green and natural places around are the focus of the Exminster Greenspaces volunteers. To help build awareness and the connection with our home surroundings, the Greenspaces team have prepared a refreshed leaflet with a suggested walking route. It includes notes of village highlights to look out for and wildlife you might encounter. A copy of the new leaflet is being handed to every child attending the school to share with their families. We do hope you enjoy it and head out to explore!

Exminster Greenspaces team E mail - exmgreenspaces@yahoo.co.uk



Nayamaba: This year as a school we will be raising essential funds for Nayamba School and their food programme again.

For our fundraiser on Friday 28 November, we are asking for a £1.40 donation per child (do donate more if you wish to). £1.40 is the cost to feed one child for one month with the porridge programme that Nayamba school provides to every child on roll there. Last year, we managed to raise enough money to provide the food programme for the whole school for one whole month. We are also trying to get other schools involved, having a different month, so that over the course of the year, our wider community can support the Nayamba community with one aspect of their offer.

A message from the International Committee Dawlish Water Rotary Club: Moldova Shoe box appeal

These shoeboxes will be going to children and families in both Moldova and Ukraine. The children are truly thrilled to receive a Christmas shoebox; generally, boxes should be wrapped and properly secured. The shoeboxes can be for an individual boy or girl while a larger one could be for a family. Please label the boxes - boy, girl or family - with appropriate age ranges where feasible. We know times are difficult for many and so children are welcome to club together to donate joint boxes. **HAND IN DATE: by Thursday 27th November** We have very limited storage space in school so please don't bring any in until next Thursday. We do hope you will be able to take part. In the meantime, attached is a list of useful items for a shoebox. Please note that items for the shoeboxes need to be new as otherwise there are serious problems with customs.

Flu nasal spray catch up: If your child missed the flu vaccine in school Kernow Health will be running clinics at various locations across Devon from mid-December, by appointment only. Their contact details are 01392 342678 or email kernowhealthcic.schoolimmsdevon@nhs.net for further information.

Headteachers: Mrs S Whalley and Mr I Moore

www.exminster-primary.devon.sch.uk

admin@exminsterschool.co.uk

01392 824340

Christmas dates: Please see the dates box and attached poster for all the upcoming festivities 

A note about Christmas dinners: PLEASE NOTE - Jacket potato and pasta options are NOT available on Tuesday 9 Dec, only Christmas dinner; red for the meat option and green for a vegetarian roast. You will still see these as options on MCAS because we can't remove them for just one day but please don't select them. If your child doesn't want a meat or vegetarian roast that day then they will need to bring in a packed lunch. All orders or changes must be on MCAS by Monday 1 Dec. We won't be able to add on late orders

Epic Clubs for Spring 1: Next Thursday, 27 November, at 3pm we will open bookings for Early Epic and Epic Eve sessions in the first half of the Spring term (Jan-Feb). We will also launch the after-school sports clubs for the Spring term at the same time. This will enable parents to book their Epic Eve sessions around the sports clubs their child would like to do. **Epic Eve and Early Epic can be found on MCAS under Wraparound care and the sports clubs can be found under Clubs.** Both should be paid for a point of booking either by card or voucher. If you're paying by voucher please send across a screenshot as proof of payment so we can apply the credit as soon as possible for you.

Well-being and Mental Health Update: Autumn 2

Week 3: Supporting Children Who Worry

This week's update includes a practical resource for families. We are sending home a bookmark detailing strategies to support children who worry. Please use this tool to start conversations and try out the techniques together at home. Please see the attachment.

National Online Safety Guides: Please see attached this week's guide on Black Friday and Internet shopping.

Krispy Kreme Doughnuts:



The recent doughnut sale, organised by our parent association, the ESA, was a huge success and thank you to all our volunteers and everyone who came and bought doughnuts! The total profit raised was £150.30 - all money that gets put straight back into our school to help subsidise school trips or buy important resources or equipment for the children. It was such a success that we will be making sure there are more doughnuts for the next sale which will be the last Friday before half term - Friday 13th February in the outside classroom - put the date in your diaries!